

English on the air II

إنجليزي عَ الهواء II

Comprehension

فهم

Today's Reading:

- **Proverbs 17:22:** A cheerful disposition is good for your health; gloom and doom leave you bone-tired.
- **Jeremiah 33: 6-9:** But now take another look. I'm going to give this city a thorough renovation, working a true healing inside and out. I'm going to show them life whole, life brimming with blessings. I'll restore everything that was lost to Judah and Jerusalem. I'll build everything back as good as new. I'll scrub them clean from the dirt they've done against me. I'll forgive everything they've done wrong, forgive all their rebellions. And Jerusalem will be a center of joy and praise and glory for all the countries on earth. They'll get reports on all the good I'm doing for her. They'll be in awe of the blessings I am pouring on her. 3

Vocabulary

مفردات ومعاني

At the doctor's II

عند الطبيب II

Discussing symptoms:

- I'm having difficulty breathing.
- I've got very little energy .
- I've been feeling very tired.
- I've been feeling depressed.
- I've been having difficulty sleeping.
- How long have you been feeling like this?
- How have you been feeling generally?
- Do you have any allergies?
- I'm allergic to antibiotics.
- Are you on any sort of medication?
- I need a sick note.

Being examined:

- Can I have a look?
- Where does it hurt?
- It hurts here.
- Does it hurt when I press here?
- I'm going to take your blood pressure/
temperature/ pulse.
- Could you roll up your sleeve?
- Your blood pressure's quite low/ normal/ rather
high/ very high.
- Your temperature's normal/a little high/ very high.
- Open your mouth, please.
- Cough, please.

Treatments and advice:

- You're going to need a few stitches.
- I'm going to give you an injection.
- We need to take a urine sample/ blood sample.
- You need to have a blood test.
- I'm going to prescribe you some antibiotics.
- Take two of these pills three times a day.
- Take this prescription to the pharmacist/chemist.
- Do you smoke?
- You should stop smoking
- I want to send you for an x-ray.
- I want you to see a specialist.

Grammar

القواعد

The Simple Past:

- The simple past is used to describe an action that occurred and was completed in the past. For regular verbs, the simple past is formed by adding -ed to the base form of the verb (infinitive without to).
 - Base form + ed = simple past.
 - Walk + ed = walked.

	Singular			Plural		
1st per	I	worked	yesterday.	We	worked	yesterday.
2nd per	You	worked	yesterday.	You	worked	yesterday.
3rd per	He, She, It	worked	yesterday.	They	worked	yesterday.

The Simple Past:

- For regular verbs ending in the vowel -e, add -d.
 - Example: *hate – hated; hope – hoped; free – freed.*
- For the very few English verbs that end in a vowel other than -e, add -ed.
 - Example: *ski- skied; echo-echoed.*
- For regular verbs that end in a vowel+y, add -ed.
 - Example: *play-played; enjoy-enjoyed.*
- For regular verbs that end in a consonant+y, change the -y to -i and add -ed.
 - Example: *cry-cried; ready-readied.*

The Simple Past:

- For regular verbs ending in short vowel sounds followed by a consonant, double the final consonant before adding -ed.
 - Example: *beg-begged; sin-sinned; stop-stopped.*
- Here are examples with regular verbs in the simple past:

Simple present	Simple past
I walk to school.	I walked to school.
She works downtown.	She worked downtown.
They help on Tuesday.	They helped on Tuesday.
He asks a lot of questions.	He asked a lot of questions.

Idioms:

Idiom	Meaning
Out of shape	<p>- Not in good physical condition. <i>My mother is out of shape and cannot walk for a long distance.</i></p>
A taste of one's own medicine	<p>- The same treatment that one gives to others (usually this has a negative meaning). <i>Our boss got a taste of his own medicine when people began to treat him badly like he treats others.</i></p>
Run down	<p>-To be in poor condition. <i>My father worked very hard last month and now he is run down.</i></p>