

**English on the air II**

**إنجليزي عَ الهواء II**

# Comprehension

فهم

# Today's Reading:

- **Psalm 103: 1-5:** O my soul, bless God. From head to toe, I'll bless his holy name! O my soul, bless God, don't forget a single blessing! He forgives your sins every one. He heals your diseases—every one. He redeems you from hell—saves your life! He crowns you with love and mercy—a paradise crown. He wraps you in goodness—beauty eternal. He renews your youth you're always young in his presence.
- **Psalm 41: 1-4:** Dignify those who are down on their luck; you'll feel good—that's what God does. God looks after us all, makes us robust with life—Lucky to be in the land, we're free from enemy worries. Whenever we're sick and in bed, God becomes our nurse, nurses us back to health.

# Vocabulary

## مفردات ومعاني

**Feeling sick**  
**الشعور بالتوعك**

## Describing symptoms:

- What's the matter?
- I'm not feeling well .  
I'm not feeling very well.  
I'm not well.  
I feel ill.  
I feel sick.
- I've cut myself.
- I've got a headache.  
I've got a splitting headache.
- I've got the flu.
- I'm going to be sick.
- I've been sick.

- I've got a pain in my... (neck).
- My feet/knees are hurting.
- My back hurts.
- Have you got any...? (Painkillers/Plasters).
- How are you feeling?

Are you feeling alright?

Are you feeling any better?

- I hope you feel better soon.

Get well soon!

- I need to see a doctor.
- I think you should go and see a doctor .
- Do you know a good...? (doctor/ dentist).

# Grammar

القواعد

# Verbs:

- A verb is a word which describes an action (doing something) or a state (being something).
  - Examples: *walk, talk, think, believe, live, like, want.*
  - Example sentences:
    - We had a nice lunch.*
    - I think that he is right.*
    - He drove for hours.*
- The word “verb” comes from the Latin word *verbum*, which means “word.”
- The simple present tense is one of the most common tenses in English.

# Forming the Simple Present:

Subject	Verb Form	Example
I	simple form	I sing
You	simple form	You sing
He	simple form + S	He sings
She	simple form + S	She sings
It	simple form + S	It sings
We	simple form	We sing
They	simple form	They sing

In other words, only **THIRD PERSON SINGULAR** subjects (he, she and it) have to have a verb with -S.

# Forming the Simple Present:

With most verbs, the third person singular form is created simply by adding **-S**. However, with some verbs, you need to add **-ES** or change the ending a little. Here are the rules:

Verb ending in...	How to make the 3rd person singular	Example
s	Add -ES	He passes
z	Add -ES	She waltzes
sh	Add -ES	She wishes
ch	Add -ES	He watches
x	Add -ES	She mixes
o	Add -ES	He goes
consonant + y	Change Y to I, then add -ES	It flies

# Idioms:

<b>Idiom</b>	<b>Meaning</b>
Alive and kicking or As fit as a fiddle	- To be well and healthy. <i>My aunt is ninety years old and she is very much alive and kicking.</i> <i>My grandfather is ninety years old but he is as fit as a fiddle.</i>
Check-up	- An examination of a patient by a doctor. <i>I plan to have my annual check-up next week.</i>
Feeling a bit under the weather	-To feel sick or ill. <i>I couldn't work yesterday, I was feeling a bit under the weather.</i>

# Idioms:

<b>Idiom</b>	<b>Meaning</b>
Go under the knife	<p>- To have an operation in surgery.</p> <p><i>The woman went under the knife at the hospital last evening.</i></p>
Nurse (someone) back to health	<p>- To give someone care to restore him or her to good health</p> <p><i>My mother spent several weeks with my grandmother trying to nurse her back to health.</i></p>